

Comparison of Alcohol Consumption Patterns between Chinese and Norwegian Older Adults: The CLHLS and The HUNT Study

Alcohol consumption is common in adult population across the globe, but the patterns of alcohol consumption differ across ethnic groups. This presentation will present the findings on the prevalence and factors related to alcohol consumption among older adults in China and Norway. In this study, we used the Chinese Longitudinal Healthy Longevity Survey (CLHLS) in 2008-2009, and the HUNT Study, one of the largest health studies ever performed in Norway. We included a total of 16,255 Chinese older adults age 65 years and older and 11,545 Norwegian participants. The prevalence of participants who drink alcohol in the Chinese and Norwegian sample were 19.88% and 46.2%, respectively; however, the prevalence of elevated alcohol consumption were 78.3% (Chinese) and 5.1% (Norwegians). The alcohol consumption patterns were quite different between the two countries. Besides differences in economic development levels and cultures, demographic characteristics, socioeconomic status, overall health status, and life satisfaction were associated with alcohol consumption as well.



Dr. Bei Wu is an internationally known leader in gerontology. She is the Dean's Professor in Global Health, and the Director of Global Health and Aging Research at the NYU Rory Meyers College of Nursing. Dr. Wu is the inaugural Co-Director of the NYU Aging Incubator, a university-wide aging initiative. As a Principal Investigator, she has led a significant number of projects supported by federal agencies including the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC). Her extensive publications cover the topics of global aging, oral health, long-term care policy and system, dementia, and caregiving.

Chaired by: A/Prof Feng Qiushi
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Venue: Research Division Seminar Room, AS7-06-42

Light lunch is provided. Registration is required.
Register at <https://tinyurl.com/uzm9nfy>