



Developmental Trajectories of Maladaptive Perfectionism in Middle Childhood

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The developmental trajectories of maladaptive perfectionism, along with their consequences and origins, were examined in middle childhood. A sample of Singaporean children and their parents ($N=302$) were recruited for a longitudinal study when the children were 7 years old. Subsequent follow-up assessments were made at ages 8, 9, and 11. Using latent class growth modeling, four distinct classes were obtained for critical self-oriented perfectionism (SOP-C) whereas two classes emerged for socially-prescribed perfectionism (SPP). Children with high and/or increasing SOP-C and SPP trajectories constituted 60% and 78% of the sample, respectively. For both SOP-C and SPP, trajectories with high initial status were associated with higher internalizing and externalizing symptoms. Parental intrusiveness and negative parenting predicted high and/or increasing SOP-C trajectories whereas the child temperament dimension of surgency predicted high SPP trajectory. Both SOP-C and SPP trajectories tended to co-occur, suggesting a mutually-reinforcing process.

Date: 21 October 2016, Friday

Time: 12nn - 1.30pm

Venue: Ventus Evans Room

**Seminar chaired by
Dr Qin Lili, Assistant Professor,
Dept of Psychology, NUS**

All are welcome!

Light lunch will be provided.

Register at

<https://goo.gl/forms/KyW32btYGqQwKmDjX2b>

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ABOUT THE SPEAKER

Ryan Y. Hong is assistant professor at the Department of Psychology, National University of Singapore. His research interests include personality processes relevant to the development and maintenance of emotional distress (e.g., depression and anxiety). He has published over 20 peer-reviewed journal articles and currently serves on the editorial board of the journal *Personality and Individual Differences*.