

Examining the effects of social capital on health among Australian adults with long-term health conditions, impairments and disabilities

Social capital theory provides a way of conceptualizing the social environment and linking it to both mental and physical health outcomes. While there is still lack of consensus on the definition of social capital, it generally consists of two dimensions: structural and cognitive social capital. Previous research has indicated that social capital is beneficial to health including both mental and physical health; however little is known about the impact of different aspects of social capital on health among those who experience long-term chronic conditions. Using the data from the Household, Income and Labour Dynamics in Australia (HILDA), a nationally representative panel survey of Australian adults, Dr. Lee and his team investigated the effects of cognitive and structural components of social capital on health status among Australian adults with long-term health conditions. In this talk, he will not only discuss the findings the study, but also provide implications for the planning and design of future interventions and policies.

Dr. **Jeong Kyu Lee** is an Assistant Professor at the Saw Swee Hock School of Public Health, NUS. Dr. Lee is a behavioural scientist with expertise in health communication and health promotion. He received a Ph.D. in Communication Arts and Sciences from the Pennsylvania State University, USA and previously worked as a Research Fellow at the University of Queensland, Australia. His research, typically grounded in communication, marketing and behaviour change theories, aims at developing effective intervention strategies to promote healthy behaviours and lifestyles. He is also interested in the impact of social and environmental influences on health-risk behaviours.



Chaired By: **Associate Professor Joonmo SON**
Department of Sociology

Date: **2 Nov 2018** | Time: **12nn - 1.30pm** | Venue: **Ventus Evans Room**
Refreshments will be served! Registrations is required.

Register at: <https://tinyurl.com/yb2tyr94>