

Summary of Recommendations for VWOs of Special Needs Children to consider in
Singapore Context

Key Recommendations for:

(1) Caregiver support

- Continuity of care: for social worker or case manager to conduct regular home visits (frequency to be based on assessed level of need) after client's discharge for a continued assessment of client's needs and for further interventions, if any
- To publicise and increase awareness for caregivers' support in special needs sector.
- Further qualitative research on the experiences and needs of special needs clients' caregivers in Singapore.

(2) Community Education

- Allowing special needs children to return back to society in the form of volunteering, examples of such can be picking garbage along the beaches in Singapore or collecting newspapers from HDB flats. As well as providing opportunities in which the children with special needs can befriend the elderly in nursing homes, by having collaborative activities.
- Getting children from mainstream schools to be paired with children with special needs during volunteering events, so as to provide a platform where the children can interact with one another as well as to form friendships despite the differences. Hopefully, this would be able to instill the perception in mainstream children from a young age that

children with special needs can be friends of theirs as well and that children with special needs are able to do the same as them.

(3) Community Care

- Providing a platform for group-work programmes in which caregivers can come together to support one another as well as to create a space in which where they can share their struggles and tips in taking care of their child.
- Conducting talks in which experts and professionals come to share about managing the child as well as helping caregivers to better understand the behavior of their child.