

Suggested Psychology Study Plans for CHS Cohorts

These study plans assume you are a Psychology (PL) Single Major although it will also apply to PL Second Majors. While you can read any psychology module as long as you meet the pre-requisites, the logical path is to complete the introductory content and first methods modules before you proceed to the core and second methods modules. After obtaining a broad overview of the major domains and methods of the discipline from the compulsory modules, you can move on to the electives – more specialised content and empirical modules – in your final semesters. The curriculum chart attached gives an overview of how the undergraduate curriculum flows from first to fourth year.

Majoring in Psychology

- PL1101E and PL2131 should ideally be read in your first year, as shown in Table 1A. However, these modules are always in great demand, but there is no need to panic if you aren't able to read both in your first year. Table 1B shows that even if you can only complete them in your fourth semester, you can still fulfil the psychology requirements comfortably.
- PL2132 and the five core modules (PL3102 – 3106) should ideally be read in your second and third years.
- The lab module and 3000-level electives should only be read in your third and fourth years.
- Your 4000-level electives should only be read in your final year.
- The above should apply even when you embark on a student exchange programme. You can map all modules except PL2132 and the lab modules.

Table 1A. Complete PL1101E and PL2131 in the first two semesters

Year	Semester One	Semester Two
1	Common Curriculum 1	Common Curriculum 4
	Common Curriculum 2	Common Curriculum 5
	Common Curriculum 3	Common Curriculum 6
	PL1101E or PL2131	PL1101E or PL2131
	Unrestricted Elective 1†	Unrestricted Elective 2
2	Common Curriculum 7	Common Curriculum 10
	Common Curriculum 8	Common Curriculum 11
	Common Curriculum 9	PL2132 or PL Core 1
	PL2132 or PL Core 1	Unrestricted Elective 4
	Unrestricted Elective 3	Unrestricted Elective 5
3	Common Curriculum 12	Common Curriculum 13
	PL Core 2	PL Core 4
	PL Core 3	PL Core 5
	PL Lab/3231* or PL3000 Elective	PL Lab/3231* or PL3000 Elective
	Unrestricted Elective 6	Unrestricted Elective 7

† Second majors should read the 1000-3000 level PL modules as Unrestricted Electives in Tables 1A and 1B. PL4000-level modules are not relevant for second majors.

* Second majors cannot access the lab modules/PL3231 and will have to read a second 3000-level elective.

Students are required to read at least one elective from each of the three groups – Capstone; Biological/Cognitive/Developmental; Abnormal/Social/Applied. The Honours Thesis (HT) will fulfill two 4000-level electives should students choose to take it.

4	PL4000 Elective# 1	PL4000 Elective 4
	PL4000 Elective 2	PL4000 Elective 5
	PL4000 Elective 3	Unrestricted Elective 10
	Unrestricted Elective 8	Unrestricted Elective 11
	Unrestricted Elective 9	Unrestricted Elective 12

Table 1B. Complete PL1101E and PL2131 by your fourth semester

Year	Semester One	Semester Two
1	Common Curriculum 1	Common Curriculum 5
	Common Curriculum 2	Common Curriculum 6
	Common Curriculum 3	Common Curriculum 7
	Common Curriculum 4	Common Curriculum 8
	Unrestricted Elective 1	Unrestricted Elective 2
2	Common Curriculum 9	Common Curriculum 12
	Common Curriculum 10	Common Curriculum 13
	Common Curriculum 11	PL1101E or PL2131
	PL1101E or PL2131	Unrestricted Elective 4
	Unrestricted Elective 3	Unrestricted Elective 5
3	PL2132 or PL Core 1	PL2132 or PL Core 1
	PL Core 2	PL Core 4
	PL Core 3	PL Core 5
	Unrestricted Elective 6	Unrestricted Elective 8
	Unrestricted Elective 7	Unrestricted Elective 9
4	PL Lab/3231* or PL3000 Elective	PL Lab/3231* or PL3000 Elective
	PL4000 Elective# 1	PL4000 Elective 4
	PL4000 Elective 2	PL4000 Elective 5
	PL4000 Elective 3	Unrestricted Elective 11
	Unrestricted Elective 10	Unrestricted Elective 12

Minoring in Psychology

The ModReg system prioritises majors, so you may have difficulty getting into the core modules. The recommended approach is to read one module per semester, as shown in Table 2A, but if you cannot get in, it is still possible to complete the minor if you read two per semester from your fifth semester onwards, as shown in Table 2B.

Table 2A. Read one module per semester

Year	Semester One	Semester Two
1	PL1101E	PL Core 1 or PL2131
2	PL Core 2 or PL2131	PL Core 3 or PL2131
3	PL Core 4 or PL2131	

† Second majors should read the 1000-3000 level PL modules as Unrestricted Electives in Tables 1A and 1B. PL4000-level modules are not relevant for second majors.

* Second majors cannot access the lab modules/PL3231 and will have to read a second 3000-level elective.

Students are required to read at least one elective from each of the three groups – Capstone; Biological/Cognitive/Developmental; Abnormal/Social/Applied. The Honours Thesis (HT) will fulfill two 4000-level electives should students choose to take it.

Table 2B. Read two modules per semester from your fifth semester

Year	Semester One	Semester Two
3	PL1101E	PL Core 1 or PL2131
		PL Core 2 or PL2131
4	PL Core 3 or PL2131	
	PL Core 4 or PL2131	

Undecided on What Subject to Major in?

Suppose you are torn between majoring in A, B, and C. What can you do to help in your decision without wasting any module space? The answer is to take modules that will lead to a minor in those three subjects you are considering. From Table 1A, you can see that in your first four semesters, you actually have nine degrees-of-freedom after factoring in the 11 common curriculum modules. If you distribute that across modules that are part of the minor in A, B, and C, you can then get a feel of those subjects to see if you want to commit to them as a major. You won't be able to triple major so you eventually have to drop one or two. However, having already taken two to three modules that would count towards a minor, you can complete one or two minors easily if you decide to go for a single major; or go for a double major and the modules you have read for the third subject can be used to complete your unrestricted electives module slate. We cannot speak for other subjects, but the Psychology minor is a subset of the major, so completing the minor modules first will not be wasted if you eventually decide to do it as a major.

One other important consideration is whether you do well in PL1101E and PL2131, our gateway modules to a major in Psychology. If you attain middling-to-poor grades in both modules, you may want to seriously reconsider reading Psychology as a major. It may be that Psychology is simply not your cup of tea, and continuing with a major that you may not do well in will impact your final degree classification.

† Second majors should read the 1000-3000 level PL modules as Unrestricted Electives in Tables 1A and 1B. PL4000-level modules are not relevant for second majors.

* Second majors cannot access the lab modules/PL3231 and will have to read a second 3000-level elective.

Students are required to read at least one elective from each of the three groups – Capstone; Biological/Cognitive/Developmental; Abnormal/Social/Applied. The Honours Thesis (HT) will fulfill two 4000-level electives should students choose to take it.