



Clinical and Health Psychology Centre

CHPC provides affordable psychological interventions for individuals, couples & families. Please return completed form to CHPC via fax (65) 6773-1361 or email to chpc.enquiries@nus.edu.sg. The client will receive a triage call within 2-3 working days to assess their suitability for CHPC. We will let you know the outcome of the triage via your preferred mode of communication. For any enquiries, please contact us at (65)6516-5322

| ***CLIENT INFORMATION | | | | | | | | | | | | |
|---|-------------------|-----------------|---------------|------------------------|---------------------|---------------|---------|---------------------------------------|-----------|------------------------------|--|--|
| Patient's Surname | atient's Surname: | | | | Given: | | | Title: Mr Ms Mdm Mrs Miss Master | | | | |
| IC No: | Email Address: | | **Contact No: | Birth date (DD/MM/YY) | | Age: | Gender: | Gender: | | | | |
| | | | | | | | | | F M Other | | | |
| Marital status: | Divorced Widowed | | | d | Preferred Language: | | | ☐ English ☐ Mandarin ☐ Malay ☐ Others | | | | |
| Caregiver's Name: | | | | Caregiver's Contact | Contact: Relati | | | ionship: | | | | |
| *Applicable only if client is below 18 years old **Mobile number is preferred in contacting client. | | | | | | | | | | | | |
| ***Please note that no clinical information goes on to the National Electronic Health Record. | | | | | | | | | | | | |
| CLINICAL INFORMATION | | | | | | | | | | | | |
| Reason for Referral (please tick relevant difficulties): | | | | | | | | | | | | |
| Anxiety, Worry | | Body Image | | Emotion Regulation | | Perfectionism | | OCD | | Others | | |
| ADHD [| | Bullying | | Health Anxiety | | Personality | | Self-Harm | | Assessmer (Not Available) | | |
| ASD not availa | ble | Brain Injury | | Interpersonal | | Phobia | | Self-Esteem | | - SLD | | |
| Anger [| | Depression | | Learning Difficulty | | Panic | | Stress | | - ASD | | |
| Bipolar | | Eating Disorder | | Marital / Relationship | | PTSD | | Sleep Disorde | r 🗌 | | | |
| Elaboration of Diagnosis: | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Relevant History: | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| Other Remarks: | | | | | | | | | | | | |
| REFERRAL INFORMATION | | | | | | | | | | | | |
| Name of Referrer | | M | lobile: | | Office no: | Email add: | | dd: | | | | |
| Department / Organization: | | | | | | | | | | | | |
| | | | | | | | | | | | | |