

A Critical Review of Mental Health Diagnosis, Treatment, and Social Work Practice



JOIN US

Date: 9, 10, 11, 14 and 15 Sep 2020

(Refer to the programme)

Trainer: Ms Chan Lay Lin and Ms Tracy Wee

Delivery Mode: Live ONLINE Sessions

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CONTACT US

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ABOUT THE COURSE

Social work in mental health care requires that social work professionals develop a critical and reflexive position, understanding the context in which mental disorder is placed, and the bi-directional influences of socio-political factors on persons with mental illness and their families. Setting the context for care is critical for social work intervention to facilitate the recovery journey of our clients and their family caregivers. This module provides an evolutionary coverage of mental health treatment; and how social work contributes to the recovery model today. It also provides a critical perspective into mental health diagnosis and classification, the role of mental health screening tools, legislations governing the care and treatment of persons, and related ethical issues in social work practice.

COURSE OBJECTIVES

At the end of the programme, participants are expected to achieve the following objectives:

1. Understand the context in which mental illness is placed and the role of social work in mental health care; and how treatment concepts and ideologies have evolved over time.
2. Develop a critical understanding to mental health diagnosis and classification.
3. Apply the Illness Causation Model in mental health assessment.
4. Learn to use basic mental health tools such as DASS, Zarit Burden Tool, with understanding of their limitations.
5. Critically review the application of major mental health legislation such as Mental Health Treatment Act and Mental Capacity Act, Vulnerable Adults Act; and related legislation in social work interventions with persons with mental illness.
6. Appreciate the ethical issues underlying social work interventions with persons with mental illness.

WHO SHOULD ATTEND

Social workers, counsellors and case managers who have at least 3 years of clinical experience, and preferably with persons with mental health issues.

PROGRAMME	
9 Sep, 9am to 9.30am	Pre-course Briefing (with e-platform walkthrough)
10 Sep, 9am to 1pm	Lesson 1 - Development of Mental Health Concepts and Treatment Approaches - Mental Health Classification Systems - Positioning of the Social Worker
11 Sep, 9am to 1pm	Lesson 2 - Recovery in Mental Health—The Social Worker’s Role - Mental Functions and Psychopathology
14 Sep, 9am to 1pm	Lesson 3 - Models of mental illness - Integrative Illness Causation Model: Case Formulation
15 Sep, 9am to 1pm	Lesson 4 - Mental Health Legislation and Ethical Issues

ABOUT THE TRAINERS

Ms Chan Lay Lin

Principal Medical Social Worker, Institute of Mental Health

Lay Lin is a medical social worker and family therapist with the Institute of Mental Health. Currently, she leads the education and research portfolio in the Medical Social Work Department, and carries a clinical load in systemic psychotherapy and complex casework with persons afflicted with mental health problems. Lay Lin has served with the National University Hospital, National Cancer Centre and TRANS Centre (Bedok and Bukit Timah Branches) in her social work career. Lay Lin has rich training experience and has been actively involved in the conduct of mental health related training for social workers, school teachers, public health officers and first responders.



Ms Tracy Wee

Principal Medical Social Worker, Institute of Mental Health

Tracy has been with the Institute of Mental Health for 16 years and is trained in the areas of mental illnesses, crisis management and trauma-informed practices. Tracy is a certified Mental Health First Aid and Crisis Intervention Stress Management (Individual) Instructor. She spearheads the Staff Support and Assistance Programme in IMH that focuses on training and providing emotional support and intervention to staff who experience stressful or traumatic incidents. A qualified social worker and systemic psychotherapist, Tracy works comprehensively with individuals and families afflicted with mental health problems. Apart from performing case management, psychoeducation, psychosocial and risk assessments, Tracy also provides individual, marital and family therapy patients and their families.

CPE CREDITS

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES

Fee description	Amount Payable (Incl GST)
Full course fees	\$1,926.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$217.80
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$577.80
Pricing after SSG training grant* (if you are PR)	\$577.80

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.