

Social Work Practice: Child and Adolescent Mental Health Disorders



JOIN US

Date: 19 and 20 Nov 2020

Time: 9.30am to 5.00pm

Trainers: Ms Geraldine Wong, Ms Tay So Leng
and Ms Foo Cirong

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CONTACT US

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ABOUT THE COURSE:

Children or adolescents with mental health disorders may experience debilitating symptoms, which greatly impact their functioning, learning and social relationships. Caregiving for them poses great challenges, and even often distress, to their family members. Interacting in such overwhelming conditions typically create further distress to all parties in the family and could potentially compromise the care and support for the children or adolescents. The availability of appropriate and timely community support would thus be critical, to help sustain family members in their roles as caregivers, and to support the children and adolescents regain functioning and their relationships.

This module aims to equip community social work practitioners with relevant knowledge on screening of childhood mental health disorders, as well as effective support and interventions.

The focus is on the following disorders:

- a) Neurodevelopmental Disorders: Attention Deficit/Hyperactivity Disorder, Autism Spectrum Disorder;
- b) Mood and Anxiety Disorders: Major Depressive Disorder, Anxiety Disorder;
- c) Obsessive Compulsive Disorder;
- d) Psychotic Disorder (in adolescents); and
- e) Posttraumatic Stress Disorder (PTSD)

Evidence-based psycho-social approaches to working with children and adolescents with these disorders and their families will be discussed. The facilitators will additionally share observations and ideas based on practice with the local population.

WHO SHOULD ATTEND:

This course is targeted at Social Workers and all helping professionals:

- a) who work with families who have children with mental health disorders; and
- b) had not previously attended similar training on Child and Adolescent Mental Health by the REACH (Response, Early Intervention and Assessment in Community mental Health) teams

ABOUT THE TRAINERS:



Geraldine Wong is a Principal Medical Social Worker at the Institute of Mental Health. She obtained a Bachelors in Psychology and in 2000, she graduated with a Masters in Family Therapy. She also has a Masters of Social Work and a diploma in clinical supervision. She has a great passion for working with families, children and adolescents, especially in the area of mental health. She has over 22 years of experience as a counsellor and a medical social worker. She also provides clinical supervision to junior staff. She has given talks and provided trainings to medical, nursing and health care staff and counsellors both locally as well as overseas. Geraldine is the team leader of REACH North (Response, Early interventions and Assessment in Community mental Health), a community based mental health programme which is part of the National Mental Health Blueprint. She provides leadership to a team of multidisciplinary professionals that offers consultations and interventions to children and youth in the community in partnership with general practitioners, schools and voluntary welfare organisations.



Tay So Leng is a Senior Medical Social Worker and Family Therapist at the Institute of Mental Health (IMH). She graduated with a Bachelors of Science, a Graduate Diploma in Social Work, and a Masters in Family therapy. So Leng served as a pioneer member of REACH (Response, Early interventions and Assessment in Community mental Health), a nation-wide community-based mental health programme. She provided community-based assessment and interventions to children, youths and their families in partnership with schools, general practitioners (GP) and voluntary welfare organisations. She currently practices family therapy and systemic psychotherapy for child, adolescent and adult patients in the IMH. She leads the medical social work inpatient service for the child and adolescent ward in IMH and provides clinical supervision for medical social workers at the Department of Developmental Psychiatry, IMH. So Leng co-edited the publication, REACH Chronicles: A Community Mental Health Model for Children & Adolescents in Singapore. She gave lectures to the Graduate Diploma in Mental Health for GPs offered by the National University of Singapore and the IMH, and conducted workshops for the Ministry of Education to equip school personnel in supporting students who experienced stress from critical incidents.



Foo Cirong is a Senior Medical Social Worker with the Child Guidance Clinic, Institute of Mental Health. She graduated with a Master of Counselling and a Bachelor of Arts (Psychology & Social Work). Cirong started her Social Work career with the then-Ministry of Community Development, Youth and Sports (now known as Ministry of Social and Family Development). During her stint at the Ministry, she was involved in areas of policy planning and programme development; as well as direct practice with children/youths and families. Cirong counselled and supported vulnerable families known to the Ministry's Child Protective Service; as well as young offenders from the Singapore Boys' Home. Cirong is currently based in the Child Guidance Clinic, and provides individual and family counselling, to children/adolescents with mental health conditions and their families. Cirong also co-authored the book - Living with Divorce and Family Issues, aimed at supporting families in their navigation of important family transitions. Passionate about counselling, Cirong has enjoyed supporting her clients in their journeys of self-discovery, capability-building, healing and growth.

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES:

Fee description	Amount Payable (Incl GST)
Full course fees	\$1819.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$205.70
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$545.70
Pricing after SSG training grant* (if you are PR)	\$545.70

*More information about SSG training grant

1. The SSG training grant does not tap into your \$500 Skillsfuture Credit.
2. This grant only applies to Singapore Citizens (SC) and Permanent Residents (PR).
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the training grant. Failing which, you/your organization will be required to pay for the full course fees.