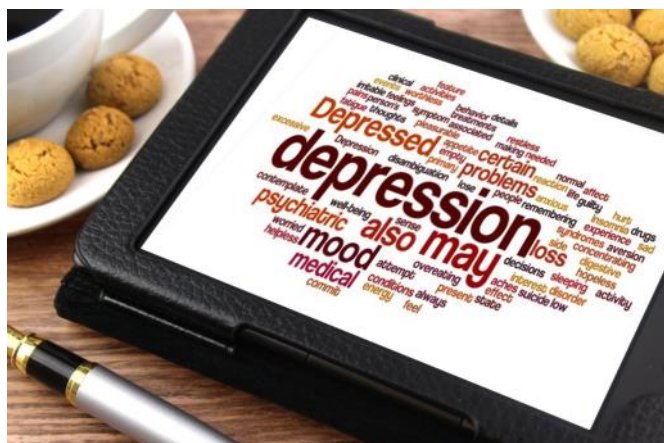


Black Dog Days: Depressive Disorders and Social Work Intervention



JOIN US

Date: 4, 5 and 6 Nov 2020

(Refer to the programme)

Trainers: Ms Chan Lay Lin and Ms Tracy Wee

Delivery Mode: Live ONLINE Sessions

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

swkcpe@nus.edu.sg or +65 6601 7323

ABOUT THE COURSE

This module aims to inform participants with knowledge (aetiology, symptomology, evidenced-based treatment, treatment challenges, etc.) of depressive disorders, with a focus on the more common disorders such as Major Depressive Disorder (MDD) and dysthymia. Special focus will be given to the relationship between depression, and presentations related to grief and bereavement; and suicidal behaviour. Social work intervention approaches to working with persons with depressive disorders will be discussed.

COURSE OBJECTIVES

At the end of the workshop, participants are expected to achieve the following objectives:

1. Attain an understanding of the aetiology, symptomology and evidence-based treatment approaches to depressive disorders.
2. Ability to appreciate the effects of depressive disorders on individuals and their families, and co-work with mental health professionals to support them in their recovery journey.
3. Appreciate the relationship between depression and presentations related to grief and bereavement; and suicidal behaviour.
4. The role of psychometric tools in screening for depression
5. Ability to apply knowledge and skills in taking a systemic approach to the management of complex cases and other psycho-social interventions related to depressive disorders

WHO SHOULD ATTEND

Social workers, counsellors and case managers who have at least 3 years of clinical experience, and preferably with persons with mental health issues.

PROGRAMME	
4 Nov, 9am to 9.30am	Pre-course Briefing (with e-platform walkthrough)
5 Nov, 9am to 1pm	Lesson 1 - Common Depressive Disorders - Aetiology - Treatment - Suicidal Presentations and Case Studies on Intervention
6 Nov, 9am to 1pm	Lesson 2 - Complicated Grief and Depression - Case Study on assessment and Intervention applying the Illness Causation Model - Psychometric Tools

ABOUT THE TRAINERS

Ms Chan Lay Lin

Principal Medical Social Worker, Institute of Mental Health

Lay Lin is a medical social worker with the Institute of Mental Health. Currently, she leads the education and research portfolio in the Medical Social Work Department, and carries a clinical load in systemic psychotherapy and complex casework with persons afflicted with mental health problems. Lay Lin has served with the National University Hospital, National Cancer Centre and TRANS Centre (Bedok and Bukit Timah Branches) in her social work career. Lay Lin has rich training experience and has been actively involved in the conduct of mental health related training for social workers, school teachers, public health officers and first responders.



Ms Tracy Wee

Principal Medical Social Worker, Institute of Mental Health

Tracy has been with the Institute of Mental Health for 16 years and is trained in the areas of mental illnesses, crisis management and trauma-informed practices. Tracy is a certified Mental Health First Aid and Crisis Intervention Stress Management (Individual) Instructor. She spearheads the Staff Support and Assistance Programme in IMH that focuses on training and providing emotional support and intervention to staff who experience stressful or traumatic incidents. A qualified social worker and systemic psychotherapist, Tracy works comprehensively with individuals and families afflicted with mental health problems. Apart from performing case management, psychoeducation, psychosocial and risk assessments, Tracy also provides individual, marital and family therapy patients and their families.

CPE CREDITS

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES

Fee description	Amount Payable (Incl GST)
Full course fees	\$1016.50
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$114.95
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$304.95
Pricing after SSG training grant* (if you are PR)	\$304.95

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.