

Understanding Underlying Emotions in Reintegration Work



JOIN US

Dates: 8, 9, 10, 15 & 17 June 2020

(Refer to programme below)

Trainer: Mr Benny Bong

Delivery Mode: Live ONLINE Sessions

WHO SHOULD ATTEND

This course is targeted at all Social Workers, Counsellors, Counselling Psychologists and Rehabilitation Officers.

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

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ABOUT THE COURSE:

Anger is an emotion that many offenders have difficulty with. They experience it strongly, some all too frequently, express it in ways that are destructive and ultimately are damaged by it as well. This two-day module will inform participants on how this emotion is experienced in the body and mind. It will identify the many ways to help clients better regulate this emotion.

The learning objectives are:

1. Identify the role played by underlying emotions such as anger, shame, grief, and aggression, as a behavior, in the lives of the addict and the family.
2. Enhance the skills of clients to better manage the underlying emotions such as anger, and aggression.
3. Equip participants to work with dysregulated clients (aggressive) in a safer manner.

PROGRAMME		
8 Jun, 9am to 9.30am	Pre-course Briefing (with e-platform walkthrough)	Live Session
9 Jun, 9am to 1pm	Lesson 1: The roles of emotions	Live Session
10 Jun, 9am to 1pm	Lesson 2: What shapes and maintains these emotions?	Live Session
15 Jun, 9am to 1pm	Lesson 3: Therapeutic interventions to help clients regulate emotions	Live Session
17 Jun, 9am to 1pm	Lesson 4: Using emotions positively	Live Session

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

ABOUT THE TRAINER:

Benny has been a Family & Marital Therapist, Trainer and Clinical Supervisor for over thirty years. In the last 18 years, he has been in private practice, having worked in the Public Sector (Ministry of Defence, SAF Counselling Centre) and Social Services. Mr Bong is an external lecturer with the National Institute of Education, the Executive Counselling and Training Academy (Singapore and Swinburne University), Singapore Bible College and an adjunct trainer with Social Service Institute and the Family Resource and Training Institute (Singapore). In the last few years, Mr Bong has been appointed by the Ministry of Social and Family Development as one of its Master Practice Leaders to help enhance the professionalism of the Social Service sector.



COURSE FEES AND DISCOUNTS:

Fee description	Amount Payable (Incl GST)
Full course fees	\$2033.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$229.90
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$609.90
Pricing after SSG training grant* (if you are PR)	\$609.90

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsored, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.