

Fundamentals of Gestalt Therapy with Children and Adolescents



JOIN US

Date: 8, 9, 13 & 14 July 2020

(Refer to programme below)

Trainer: Ms Lee Sock Kuan

Delivery Mode: Live ONLINE Sessions

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

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ABOUT THE COURSE:

This workshop (basic, part 1) is designed to build theoretical understanding and clinical skills in play therapy from the perspective of contemporary Gestalt psychotherapy. Balancing didactic discussion, experiential practicum with feedback, and case presentations, the emphasis will be on individual psychotherapy and the application of Gestalt therapy principles represented in the works of Violet Oaklander, Ph.D., author of *Windows to Our Children: A Gestalt Approach to Child and Adolescent Psychotherapy* (1989) and *Hidden Treasure: A Map to the Child's Inner Self* (2007). Participants will learn the underlying principles of play and integrate using various creative modalities. Working in pairs or small groups, participants will have opportunities for group consultation and practice.

COURSE OBJECTIVES:

At the end of the workshop, participants will learn:

- Understand the power of play and its underlying principles
- Overview of major play therapy models using Yaseik & Gardner's Play Therapy Dimensions Model
- Explore key neuroscience findings supporting Play Therapy
- Understand Gestalt relational perspective on child development and the nature of the self
- Overview of the therapeutic process developed by Violet Oaklander

PROGRAMME		
7 Jul, 9.30am to 10am	Pre-course Briefing (with e-platform walkthrough)	Live Session
8 Jul, 9.30am to 1pm	Lesson 1: Power of Play	Live Session
9 Jul, 9.30am to 1pm	Lesson 2: Introduction to Gestalt Play Therapy	Live Session
13 Jul, 9.30am to 1.30pm	Lesson 3: Relationship at the Heart of Therapy	Live Session
14 Jul, 9.30am to 1pm	Lesson 4: Building Self Support	Live Session

MORE INFORMATION ABOUT THIS COURSE:

This workshop is accredited with **West Coast Institute** (<http://westcoastinstitute.us/>) and the training hours will be counted towards certification as a Certified Gestalt Therapist with Children and Adolescents with WCI.

WHO SHOULD ATTEND:

Practitioners working with children and adolescents in the field of health and mental health (*such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors*), helping professions (*such as social work, counseling*) and related fields (*such as childcare/student care setting, physical therapy, art therapy, or other related fields*).

ABOUT THE TRAINER:



Sock Kuan is the Director of Tembusu Training and Therapy, and has been working with children, couples and families for over 13 years after completing her Masters in Counselling at Edith Cowan University. Besides counselling and psychology course, she has received specialized training in Play Therapy, Gestalt Play Therapy, Gestalt Therapy, Sandplay Therapy, art facilitation, Cognitive Behavioural Therapy, Family Therapy and Emotional-Focused Therapy. She has recently completed her certification as Gestalt Therapist with Children and Adolescents with West Coast Institute. As the first to receive her certification in Asia-Pacific region, Sock Kuan is excited to further her work with children and their families on coping with stress, attachment, challenging behaviour and loss issues in the Gestalt approach. In addition to her clinical practice, Sock Kuan also supervises and train therapists, social workers and volunteers. She is a registered Clinical Member and Clinical Supervisor of the Singapore Association for Counselling as well as a Certified Practitioner in Therapeutic Play Skills with Play Therapy International.

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES:

Fee description	Amount Payable (Incl GST)
Full course fees	\$1926.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$217.80
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$577.80
Pricing after SSG training grant* (if you are PR)	\$577.80

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.