

Introduction to Sandtray Therapy



JOIN US

Date: 7 and 8 Dec 2020

Time: 9.30am to 5.00pm

Trainer: Dr Alicia Pon

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

swkcpe@nus.edu.sg or +65 6601 7323

ABOUT THE COURSE

The therapeutic use of sand has been used around the world since 1930. It has been found to be very effective in providing a non-verbal means for expressing, healing and transforming from struggles and challenges. This introduction provides the participants with a basic understanding of the theory and practical skills behind the use of Sandtray in working with their clients. Through case discussion and experiential learning, participants will be guided in:

- 1) setting up the sandtray therapy,
- 2) selection of miniatures,
- 3) expanding observation and inquiry skills, and abilities to track the sand play process,
- 4) providing guidelines to conduct the sandtray therapy session.

WHO SHOULD ATTEND

This course is targeted at Practitioners who work with children and youths to improve their social integration, growth and development, emotional modulation and trauma resolution.

CPE CREDITS

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

ABOUT THE TRAINER



Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Grief Counseling and Social Work. For the last 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity. Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship. Dr. Pon was on staff and served as an Honorary

Assistant Professor with the University of Hong Kong and Hong Kong Shue Yan University. She lectured and supervised undergraduate and post graduate students in the areas of counseling and psychotherapy, grief and loss, child and adolescent mental health, play therapy and social work. At present, Dr. Pon serves as a Senior Lecturer with National University of Singapore. In addition, Dr. Pon has been involved in the research on Somatic Work, Psycho-oncology, Play Therapy and End of Life in the University department.

COURSE FEES

Fee description	Amount Payable (Incl GST)
Full course fees	\$1926.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$217.80
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$577.80
Pricing after SSG training grant* (if you are PR)	\$577.80

*More information about SSG training grant

1. The SSG training grant does not tap into your \$500 Skillsfuture Credit.
2. This grant only applies to Singapore Citizens (SC) and Permanent Residents (PR).
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the training grant. Failing which, you/your organization will be required to pay for the full course fees.

More details can be found on our website <http://bit.ly/cpesw>

Copyright © 2020 NUS Department of Social Work, All rights reserved.