

Introduction to TraumaPlay™



JOIN US

Date: 24, 25 and 26 Nov 2020

Time: 9.30am to 5.00pm

Trainer: Ms Abigail Lee

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

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ABOUT THE COURSE:

Play therapists must be able to explain our clinical choices all along the continuum of care when working with traumatized children and families. This course provides participants to an introduction of the TraumaPlay™ approach, where evidence informed trauma treatment with children is translated into a sequence of play-based component modules that celebrate the intersection of the neurobiology of play and the neurobiology of trauma, while honoring current evidence-based approaches in the field of trauma. Each component represents an important dimension of play therapy for trauma treatment and articulates both a specific treatment goal and accompanying interventions. The child's metaphorical use of the playroom is demonstrated through a multitude of case examples and augmented with a variety of prop-based play therapy interventions.

COURSE OBJECTIVES:

At the end of the workshop, participants are expected to achieve the following objectives:

1. Delineate the components of the TraumaPlay™ model.
2. Articulate several self-directed ways in which children use the playroom to increase their sense of safety and security.
3. Describe several play-based interventions that decrease a child's physiological arousal.
4. Explain several play therapy techniques that assist clients in challenging and restructuring cognitive distortions.
5. Describe several interventions that help parents co-regulate their children more effectively.

WHO SHOULD ATTEND:

This course is targeted at Social Workers and all helping professionals who work with children and youths to improve their social integration, growth and development, emotional modulation and trauma resolution.

PRE-REQUISITE:

1. Attended a prior workshop on Introduction to Play Therapy or the equivalent, or
2. Attended a prior workshop on Fundamental of Gestalt Therapy with Children and Adolescents
 - You will be required to complete a reading package regarding Introduction to Play Therapy and pass an assessment before course commencement.

ABOUT THE TRAINER:



Abigail Lee is a professional counsellor, supervisor and trainer with close to 15 years of experience in working with children, adolescents, couples and families, and is the Founder and Executive Director of Healing Hearts Centre. She is the current President of the Association for Play Therapy (Singapore) and is also the Immediate Past President of the Association of Psychotherapists and Counsellors (Singapore). Her qualifications include Psychology, Sociology, and Counselling. She is a certified Behavioural Consultant and Coach with the Institute of Motivational Living in the USA, and a certified Circle of Security Facilitator with the Circle of Security International (USA). Abigail works with children, adolescents and individuals

who have experienced severe trauma and abuse through the use of Play and Expressive Arts Therapy techniques, which allows for the uniqueness of each individual to be valued while providing a safe, systematic journey towards trauma resolution. For the past 6 years, she has been working directly with the founder of TraumaPlay™ (Paris Goodyear-Brown) in further developing and implementing the approach to help children and adults experiencing attachment and trauma issues. Abigail was awarded the Working People's Advocate by the National Trades Union Congress in May 2018, and had also been interviewed on the docu-drama "In Cold Blood 3". She travels internationally, educating and training others in the field.

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES:

Fee description	Amount Payable (Incl GST)
Full course fees	\$2493.10
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$281.93
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$747.93
Pricing after SSG training grant* (if you are PR)	\$747.93

*More information about SSG training grant

1. The SSG training grant does not tap into your \$500 Skillsfuture Credit.
2. This grant only applies to Singapore Citizens (SC) and Permanent Residents (PR).
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the training grant. Failing which, you/your organization will be required to pay for the full course fees.