

Gestalt Play Therapy Oaklander Approach



JOIN US

Date: 6 and 7 Aug 2020

Time: 9.30am to 5.00pm

Trainer: Ms Lee Sock Kuan

REGISTER NOW

<http://bit.ly/shortcoursereg>

CONTACT US

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ABOUT THE COURSE:

This workshop (basic, part 2) continues to build on theoretical understanding and clinical skills of Gestalt Play Therapy with special focus on the Oaklander Approach. The Approach is represented in the works of Violet Oaklander, Ph.D., author of *Windows to Our Children: A Gestalt Approach to Child and Adolescent Psychotherapy* (1989) and *Hidden Treasure: A Map to the Child's Inner Self* (2007). The workshop will examine closely factors that bring about change and growth for a child or adolescent through the therapeutic process of Gestalt Therapy. Participants will learn a range of play modalities and media such as puppets, art and sand to provide them with a wide repertoire to meet the wide and complex needs of children and adolescents. Working in pairs or small groups, participants will have opportunities for group consultation and practice.

COURSE OBJECTIVES:

At the end of the workshop, participants will learn:

- Overview of the therapeutic process developed by Violet Oaklander.
- Understand Gestalt relational perspective on child development and the nature of the self
- Learn Gestalt play therapy process of working with projections through creative arts
- Learn how to build therapeutic relationship with children and adolescents and facilitate emotional expression and deeper self awareness.

MORE INFORMATION ABOUT THIS COURSE:

This workshop is accredited with **West Coast Institute** (<http://westcoastinstitute.us/>) and the training hours will be counted towards certification as a Certified Gestalt Therapist with Children and Adolescents with WCI.

REQUIREMENTS:

Attended a prior workshop on Fundamentals of Gestalt Therapy with Children and Adolescents or the equivalent or have used therapeutic play at work.

WHO SHOULD ATTEND:

Practitioners working with children and adolescents in the field of health and mental health (*such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors*), helping professions (*such as social work, counseling*) and related fields (*such as childcare/student care setting, physical therapy, art therapy, or other related fields*).

ABOUT THE TRAINER:



Sock Kuan is the Director of Tembusu Training and Therapy, and has been working with children, couples and families for over 13 years after completing her Masters in Counselling at Edith Cowan University. Besides counselling and psychology course, she has received specialized training in Play Therapy, Gestalt Play Therapy, Gestalt Therapy, Sandplay Therapy, art facilitation, Cognitive Behavioural Therapy, Family Therapy and Emotional-Focused Therapy. She has recently completed her certification as Gestalt Therapist with Children and Adolescents with West Coast Institute. As the first to receive her certification in

Asia-Pacific region, Sock Kuan is excited to further her work with children and their families on coping with stress, attachment, challenging behaviour and loss issues in the Gestalt approach. In addition to her clinical practice, Sock Kuan also supervises and train therapists, social workers and volunteers. She is a registered Clinical Member and Clinical Supervisor of the Singapore Association for Counselling as well as a Certified Practitioner in Therapeutic Play Skills with Play Therapy International.

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

COURSE FEES:

Fee description	Amount Payable (Incl GST)
Full course fees	\$1926.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$217.80
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$577.80
Pricing after SSG training grant* (if you are PR)	\$577.80

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.