

Foundational Module in Mental Health for Social Workers



JOIN US

Dates: 7 and 8 January 2021

Time: 9.00am to 5.30pm

Mode: Pre-course Assignment & Face-to-Face Sessions

REGISTER NOW

For company-sponsored: Please seek approval from your HOD

For self-sponsored: Please email us

CONTACT US

swkcpe@nus.edu.sg or +65 6601 7323

ABOUT THE COURSE

This is a foundational module in mental health targeted for social workers after their first year of practice. It covers basic knowledge in common mental health problems for social workers to screen clients for management and escalation to the next level of care. The module also imparts social workers with the knowledge and skills to conduct basic mental state examination and case formulation using the Illness Causation Model.

At the end of the workshop, the participants are expected to be able to do the following:

- Screen clients for common mental health conditions for holistic social work case and care planning
- Conduct a basic mental state examination
- Apply the Integrated Illness Causation Model in social work assessment to facilitate case planning for persons with mental health problems
- Take appropriate actions to escalate cases with complex mental health issues and right-site clients to appropriate specialist mental health services

WHO SHOULD ATTEND

Social workers with at least 1 year of clinical experience.

CPE CREDITS

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

ABOUT THE TRAINERS



Ms Chan Lay Lin

Principal Medical Social Worker, Institute of Mental Health

Lay Lin is a medical social worker with the Institute of Mental Health. Currently, she leads the education and research portfolio in the Medical Social Work Department, and carries a clinical load in systemic psychotherapy and complex casework with persons afflicted with mental health problems. Lay Lin has served with the National University Hospital, National Cancer Centre and TRANS Centre (Bedok and Bukit Timah Branches) in her social work career. Lay Lin has rich training experience and has been actively involved in the conduct of mental health related training for social workers, school teachers, public health officers and first responders.

Ms Tracy Wee

Principal Medical Social Worker, Institute of Mental Health

Tracy has been with the Institute of Mental Health for 16 years and is trained in the areas of mental illnesses, crisis management and trauma-informed practices. Tracy is a certified Mental Health First Aid and Crisis Intervention Stress Management (Individual) Instructor. She spearheads the Staff Support and Assistance Programme in IMH that focuses on training and providing emotional support and intervention to staff who experience stressful or traumatic incidents. A qualified social worker and systemic psychotherapist, Tracy works comprehensively with individuals and families afflicted with mental health problems. Apart from performing case management, psychoeducation, psychosocial and risk assessments, Tracy also provides individual, marital and family therapy patients and their families.



COURSE FEES

Fee description	Amount Payable (Incl GST)
Full course fees	\$1,819.00
Pricing after SSG training grant* (if you are SC, and 40 years old and above)	\$205.70
Pricing after SSG training grant* (if you are SC, and under 40 years old)	\$545.70
Pricing after SSG training grant* (if you are PR)	\$545.70

*More information about SSG funding

1. The SSG funding does not tap into your \$500 Skillsfuture Credit.
2. This funding only applies to Singapore Citizens and Permanent Residents.
3. It is eligible for those working in Ministries, Statutory Board, Hospitals, VWOs, and SME.
4. You can be self-sponsoring, or company-sponsored.
5. Applicants must meet a minimum attendance of 75%, complete and submit assignment(s), achieve a "Pass" or "Competent" grade in assessment, and complete and submit feedback form in order to qualify for the funding. Failing which, you/your organization will be required to pay for the full course fees.