

Introduction to Sandtray Therapy

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Popular
Demand!**



About the Course

The therapeutic use of sand has been used around the world since 1930. It has been found to be very effective in providing a non-verbal means for expressing, healing and transforming from struggles and challenges. This introduction provides the participants with a basic understanding of the theory and practical skills behind the use of Sandtray in working with their clients.

Through case discussion and experiential learning, participants will be guided in:

1. Setting up the sandtray therapy,
2. Selection of miniatures,
3. Expanding observation and inquiry skills, and abilities to track the sand play process,
4. Providing guidelines to conduct the sandtray therapy session.

Who Should Attend

This course is targeted at Practitioners who work with children and youths to improve their social integration, growth and development, emotional modulation and trauma resolution.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.



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Date: 5 and 6 August 2021

Time: 9am - 5.30pm

Venue: NUS



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About the Trainer

DR ALICIA PON

SENIOR LECTURER, DEPARTMENT OF SOCIAL WORK, NUS

Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Biodynamic Cranial Sacral Therapy, Counseling and Social Work. For 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity.

Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship. Dr. Pon was on staff and served as an Adjunct Lecturer with the University of Hong Kong and Hong Kong Shue Yan University. At present, Dr. Pon serves as a Senior Lecturer with National University of Singapore. She lectured and supervised undergraduate and post graduate students in the areas of counseling, working with trauma, child and adolescent mental health, play therapy and social work. In addition to serving as a full time faculty member, Dr. Pon continues to provide clinical consultation from a private pediatric clinic.



Course Fees

Fee Description	Amount Payable (incl. GST)
Full course fees	\$1926
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$577.80
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$217.80

*SSG Funding Information

1. Participant must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, **full course fees (incl. GST)** will be payable.
2. The funding only applies to Singapore Citizens and Singapore Permanent Residents.
3. The funding does not tap into your \$500 Skillsfuture Credit.