

# Foundational Module in Mental Health for Social Workers

Course Reference Number: TGS-2020512952

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## 3 & 4 March 2022

9am to 5.30pm  
Online: Zoom

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**Registration Guides**  
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Corporate HR/Admin



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## About the Course

This is a foundational module in mental health targeted for social workers after their first year of practice. It covers basic knowledge in common mental health problems to facilitate social workers to screen clients for management and escalation to the next level of care. The module also imparts social workers with the knowledge and skills to conduct a screening of client's basic mental state and case formulation using the Integrated Illness Causation Model.

## At the end of the course, participants will be able to:

1. Screen clients for common mental health conditions for holistic social work case and care planning.
2. Screen client's mental state.
3. Apply the Integrated Illness Causation Model in social work assessment to facilitate case planning for persons with mental health problems.
4. Take appropriate actions to escalate cases with complex mental health issues and right-site clients to appropriate specialist mental health services.

## Who Should Attend

Social Workers after their 1st year of clinical experience\*.

## About The Trainers



Lay Lin is a principal medical social worker and family therapist with the Institute of Mental Health. Currently, she leads the education portfolio in the Medical Social Work Department and carries a clinical load in family therapy and complex casework with persons with mental health problems.

Lay Lin has served with the National University Hospital, National Cancer Centre and TRANS Centre (Bedok and Bukit Timah Branches) in her social work career. Lay Lin has rich training experience and has been actively involved in the conduct of mental health related training for social workers, school teachers, public health officers and first responders.

Ms Chan Lay Lin  
*Principal Medical Social Worker,  
Institute of Mental Health*

Tracy is principal medical social worker and family therapist with the Institute of Mental Health. She is also trained in crisis management and trauma-informed practices. Tracy is a certified Mental Health First Aid and Crisis Intervention Stress Management (Individual) Instructor.

Tracy spearheads the Staff Support and Assistance Programme in IMH that focuses on training and providing emotional support and intervention to staff who experience stressful or traumatic incidents. Apart from performing case management, psychoeducation, psychosocial and risk assessments, Tracy also provides individual, marital and family therapy to patients and their families.



Ms Tracy Wee  
*Principal Medical Social Worker,  
Institute of Mental Health*

\*Much of the content in this course have been covered in the undergraduate elective module on 'Mental Health and Mental Illness' conducted by the Department of Social Work, NUS.

## CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

## Course Fees

Fee Description	Amount Payable (incl. GST)
Full course fees	\$1819
Pricing after SSG Funding** (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$545.70
Pricing after SSG Funding** (Singapore Citizen aged 40 years and above)	\$205.70

## Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programmes for audit purposes.

### \*\*SSG Funding Information

Participant must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, **full course fees (incl. GST)** will be payable.