

# Fundamentals of Gestalt Therapy with Children and Adolescents

Course Reference Number: TGS-2020502661

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## 29 & 30 June 2022

9am to 5.30pm  
Venue: NUS



### REGISTER

Registration Guides  
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[Corporate HR/Admin](#)



+65 6601 7323  
[swkcpe@nus.edu.sg](mailto:swkcpe@nus.edu.sg)

## About the Course

This workshop (basic, part 1) is designed to build theoretical understanding and clinical skills in play therapy from the perspective of contemporary Gestalt psychotherapy. Balancing didactic discussion, experiential practicum with feedback, and case presentations, the emphasis will be on individual psychotherapy and the application of Gestalt therapy principles represented in the works of Violet Oaklander, Ph.D., author of *Windows to Our Children: A Gestalt Approach to Child and Adolescent Psychotherapy* (1989) and *Hidden Treasure: A Map to the Child's Inner Self* (2007). Participants will learn the underlying principles of play and integrate using various creative modalities. Working in pairs or small groups, participants will have opportunities for group consultation and practice.

## At the end of the course, participants will learn:

1. Understand the power of play and its underlying principles
2. Overview of major play therapy models using Yaseik & Gardner's Play Therapy Dimensions Model
3. Explore key neuroscience findings supporting Play Therapy
4. Understand Gestalt relational perspective on child development and the nature of the self
5. Overview of the therapeutic process developed by Violet Oaklander

## More Information

This workshop is accredited with West Coast Institute (<http://westcoastinstitute.us/>) and the training hours will be counted towards certification as a Certified Gestalt Therapist with Children and Adolescents with WCI.

## Who Should Attend

Practitioners working with children and adolescents in the field of health and mental health (such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors), helping professions (such as social work, counselling) and related fields (such as childcare/student care setting, physical therapy, art therapy, or other related fields).

## About the Trainer

As a certified Gestalt Therapist with Children and Adolescents (West Coast Institute, USA) Sock Kuan specializes working with children and their families on a myriad of traumas, developmental, mental health and attachment issues. She is also trained in Sandplay Therapy, Family Therapy and Emotional-Focused Therapy. She is currently training with Somatic Experiencing® International to incorporate somatic work into her clinical practice.

Sock Kuan also trains and supervises mental health practitioners. As an approved WCI trainer and supervisor, she mentors candidates in the Certification Programme. She is a registered Clinical Member and Supervisor with Singapore Association for Counselling and Association for Play Therapy (Singapore) and a Certified Practitioner in Therapeutic Play Skills with PTI (UK).



Ms Lee Sock Kuan  
Director,  
Tembusu Training and Therapy

## Course Fees

Fee Description	Amount Payable (incl. GST)
Full course fees	\$1926
Pricing after SSG Funding** (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$577.80
Pricing after SSG Funding** (Singapore Citizen aged 40 years and above)	\$217.80

### \*SSG Funding Information

1. Participant must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, **full course fees (incl. GST)** will be payable.

## **CPE Credits**

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

## **Terms and Conditions**

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programmes for audit purposes.