

Gestalt Play Therapy Oaklander Approach

Course Reference Number: TGS-2020502662

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1 & 2 Nov 2022

9am to 5.30pm
In-person @ NUS



REGISTER

Registration Guides
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Corporate HR/Admin



+65 6601 7323

swkcpe@nus.edu.sg

About the Course

This workshop (basic, part 2) continues to build on theoretical understanding and clinical skills of Gestalt Play Therapy with special focus on the Oaklander Approach. The Approach is represented in the works of Violet Oaklander, Ph.D., author of *Windows to Our Children: A Gestalt Approach to Child and Adolescent Psychotherapy* (1989) and *Hidden Treasure: A Map to the Child's Inner Self* (2007). The workshop will examine closely factors that bring about change and growth for a child or adolescent through the therapeutic process of Gestalt Therapy. Participants will learn a range of play modalities and media such as puppets, art and sand to provide them with a wide repertoire to meet the wide and complex needs of children and adolescents. Working in pairs or small groups, participants will have opportunities for group consultation and practice.

At the end of the course, participants will learn:

1. Overview of the therapeutic process developed by Violet Oaklander.
2. Understand Gestalt relational perspective on child development and the nature of the self.
3. Gestalt play therapy process of working with projections through creative arts.
4. How to build therapeutic relationship with children and adolescents and facilitate emotional expression and deeper self awareness.

More Information

This workshop is accredited with West Coast Institute (<http://westcoastinstitute.us/>) and the training hours will be counted towards certification as a Certified Gestalt Therapist with Children and Adolescents with WCI.

Pre-Requisite

Attended a prior workshop on Fundamentals of Gestalt Therapy with Children and Adolescents.

Who Should Attend

Practitioners working with children and adolescents in the field of health and mental health (such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors), helping professions (such as social work, counselling) and related fields (such as childcare/student care setting, physical therapy, art therapy, or other related fields).

About the Trainer

As a certified Gestalt Therapist with Children and Adolescents (West Coast Institute, USA) Sock Kuan specializes working with children and their families on a myriad of traumas, developmental, mental health and attachment issues. She is also trained in Sandplay Therapy, Family Therapy and Emotional-Focused Therapy. She is currently training with Somatic Experiencing® International to incorporate somatic work into her clinical practice.

Sock Kuan also trains and supervises mental health practitioners. As an approved WCI trainer and supervisor, she mentors candidates in the Certification Programme. She is a registered Clinical Member and Supervisor with Singapore Association for Counselling and Association for Play Therapy (Singapore) and a Certified Practitioner in Therapeutic Play Skills with PTI (UK).



Ms Lee Sock Kuan
Director,
Tembusu Training and Therapy

Course Fees

Fee Description	Amount Payable (incl. GST)
Full course fees	\$1926
Pricing after SSG Funding** (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$577.80
Pricing after SSG Funding** (Singapore Citizen aged 40 years and above)	\$217.80

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programmes for audit purposes.