

Introduction to **Sandtray Therapy**

Course Reference Number: TGS-2020502660

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SAVE THE DATE:

14 & 15 June 2023

9am to 5.30pm Venue: NUS



Registration Guides Self register Corporate HR/Admin

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About the Course

The therapeutic use of sand has been used around the world since 1930. It has been found to be very effective in providing a non-verbal means for expressing, healing and transforming from struggles and challenges. This introduction provides the participants with a basic understanding of the theory and practical skills behind the use of Sandtray in working with their clients.

Through case discussion and experiential learning, participants will be quided in:

- 1. Setting up the sandtray therapy,
- 2. Selection of miniatures.
- 3. Expanding observation and inquiry skills, and abilities to track the sand play process,
- 4. Providing guidelines to conduct the sandtray therapy session.

Who Should Attend

This course is targeted at Practitioners who work with children and youths to improve their social integration, growth and development, emotional modulation and trauma resolution.

About the Trainer

DR. ALICIA PON Adjunct Assistant Professor Department of Social Work, NUS

Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Biodynamic CranialSacral Therapy, Counseling and Social Work. For 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity.



Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship. Dr. Pon was on staff and served as an Adjunct Lecturer with the University of Hong Kong and Hong Kong Shue Yan University. At present, Dr. Pon serves as an Adjunct Assistant Professor with National University of Singapore. She lectured and supervised undergraduate and postgraduate students in the areas of counseling, working withtrauma, child and adolescent mental health, play therapy and social work. In addition to serving as a full time faculty member, Dr. Pon continues to provide clinical consultation from a private pediatric clinic.

Course Fees

| Fee Description | Amount Payable (incl. GST) |
|--|-------------------------------|
| Full course fees | \$1944.00 |
| Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident) | \$583.20 |
| Pricing after SSG Funding* (Singapore Citizen aged 40 years and above) | \$223.20 |

***SSG Funding Information**

Participant must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, <u>full course fees (incl. GST)</u> will be payable.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

Terms and Conditions

- 1.Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
- 2. There will be no makeup lesson if participants miss any class.
- 3.No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
- 4. Photographs and/or videos may be taken during our programmes for audit purposes.