

# Understanding Underlying Emotions in Reintegration Work

Course Reference Number: TGS-2020503091

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**SAVE THE DATE:**

## 27 & 28 July 2023

**9am to 5.30pm  
Venue: NUS**



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swkcpepc@nus.edu.sg

### About the Course

Anger is an emotion that many offenders have difficulty with. They experience it strongly, some all too frequently, express it in ways that are destructive and ultimately are damaged by it as well. This two-day module will inform participants on how this emotion is experienced in the body and mind. It will identify the many ways to help clients better regulate this emotion.

### At the end of the course, participants will be able to:

1. Identify the role played by underlying emotions such as anger, shame, grief, and aggression, as a behavior, in the lives of the addict and the family
2. Enhance the skills of clients to better manage the underlying emotions such as anger, and aggression
3. Equip participants to work with dysregulated clients (aggressive) in a safer manner

## Who Should Attend

This course is targeted at all social workers, counsellors, counselling psychologists and rehabilitation officers.

## About the Trainer

### **MR BENNY BONG** **DIRECTOR** **THE FAMILY THERAPIST**

Mr Bong has been a Family & Marital Therapist, Trainer and Clinical Supervisor for over thirty years. In the last 18 years, he has been in private practice, having worked in the Public Sector (Ministry of Defence, SAF Counselling Centre) and Social Services.



Mr Bong is an external lecturer with the National Institute of Education, the Executive Counselling and Training Academy (Singapore and Swinburne University), Singapore Bible College and an adjunct trainer with Social Service Institute and the Family Resource and Training Institute (Singapore). In the last few years, Mr Bong has been appointed by the Ministry of Social and Family Development as one of its Master Practice Leaders to help enhance the professionalism of the Social Service sector.

## **REGISTER HERE**

### **Registration Guides**

[Self register](#)

[Corporate HR/Admin](#)



## Course Fees

| Fee Description  | Amount Payable<br>(incl. GST) |
|--|-------------------------------|
| Full course fees   | \$2,052.00                    |
| Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident) | \$615.60                      |
| Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)                       | \$235.60                      |

### \*SSG Funding Information

Participant must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, **full course fees (incl. GST)** will be payable.

### CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

### Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programmes for audit purposes.