

Social Work with Persons with OCD and Hoarding Disorder

Face-to-Face Course

About the Course

This module aims to inform participants with knowledge (aetiology, symptomology, evidenced based treatment, course of the illness, treatment challenges, etc.) of OCD and Hoarding Disorders, which falls in the diagnostic category of OCD and related disorders in DSM 5. Special focus will be given to the relationship between OCD, Hoarding Disorder and hoarding behaviour.



The critical role of family work is emphasized in supporting families in the management of persons with OCD given its potentially debilitating impact on everyone at home. Social work intervention applying the Integrated Illness Causation Model and systemic frame in working with persons with OCD will be demonstrated in a complex case. The management of decluttering in Hoarding Disorder will be discussed.

At the end of the course, participants will be able to:

1. Attain an understanding of the aetiology, symptomology and evidence-based treatment approaches to :
 - a. OCD
 - b. Hoarding Disorder
2. Appreciate the effects of these illness on individuals and their families, and more effectively co-work with mental health professionals to support them in their recovery journey.
3. Appreciate the relationship between OCD, Hoarding Disorder and hoarding behaviour.
4. Apply the Integrated Illness Causation Model and systemic approach in the management of a complex case involving a client with OCD
5. Effectively manage decluttering with clients with hoarding disorder



JOIN US

Date: 15 April 2024
Time: 9am - 5.30pm



REGISTER NOW @

<https://bit.ly/mhsc24>
to secure your seat



CONTACT US @

swkcpepc@nus.edu.sg

Who Should Attend

Social workers, Social work Associates, other allied health professionals in a human service field (e.g. counselling, community work, etc.) with at least two years of clinical experience

ABOUT THE INSTRUCTORS



Lay Lin is a principal medical social worker and family therapist with the Institute of Mental Health. Currently, she leads the education portfolio in the Medical Social Work Department and carries a clinical load in family therapy and complex casework with persons with mental health problems.

Lay Lin has served with the National University Hospital, National Cancer Centre and TRANS Centre (Bedok and Bukit Timah Branches) in her social work career. Lay Lin has rich training experience and has been actively involved in the conduct of mental health related training for social workers, school teachers, public health officers and first responders.

Ms Chan Lay Lin

*Principal Medical Social Worker,
Institute of Mental Health*

Tracy is principal medical social worker and family therapist with the Institute of Mental Health. She is also trained in crisis management and trauma-informed practices. Tracy is a certified Mental Health First Aid and Crisis Intervention Stress Management (Individual) Instructor.

Tracy spearheads the Staff Support and Assistance Programme in IMH that focuses on training and providing emotional support and intervention to staff who experience stressful or traumatic incidents. Apart from performing case management, psychoeducation, psychosocial and risk assessments, Tracy also provides individual, marital and family therapy to patients and their families.



Ms Tracy Wee

*Principal Medical Social Worker,
Institute of Mental Health*

Course Fees

Description	Total Nett Course Fee, Before GST	Total Nett Course Fee, Incl. GST
Full course fees (excl GST)	\$850.00	\$926.50
Early Bird Tier Funding *Applicable for Early bird or NUS Alumni	\$425.00	\$463.25
Premium Tier Funding *Applicable for Individuals working in organizations registered with NCSS or MOH	\$510.00	\$555.90
Classic Tier Funding *Applicable for All Helping Professionals	\$595.00	\$648.55

***Early bird rates end on 14 March 2024**

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

TERMS AND CONDITIONS

- Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
- There will be no makeup lesson if participants miss any class.
- No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
- Photographs and/or videos may be taken during our programme for audit purposes.