

Short Course: 3 Days

Using Skills-Based Behavioural Health Approaches in Managing Chronic Conditions

Course Reference Number: TGS-2022011003



About the Course

Social workers, Counsellors, Case Managers/Coordinators are often required to conduct needs and intake assessment to identify client's/patients' treatment compliance, understanding and acceptance of his/her chronic health conditions. This course covers case and care planning using different models and approaches for developing case and care plans to support clients'/patients' need in accordance to organisational practice. This includes behavioural changes and effective family intervention to influence positive behavioural changes and compliance for chronic conditions. Participants will learn to provide systemic approaches to casework interventions and evaluate effectiveness and efficiency of casework interventions.

*More information about the course and instructors' profiles can be found here:
<https://fass.nus.edu.sg/swk/events/short-course-skills-behavioural-health/>

At the end of the course, participants will be able to:

- Assess clients'/patients' level of functioning, risks and needs for holistic social work case and care planning,
- Formulate case using the Biopsychosocial, Systemic and Person Centered approach,
- Contract and goal setting for clients/patients in managing behavioural change using various Behavioural models, and
- Facilitate behavioural change and positive coping in clients and their families.

Who Should Attend

Social Workers, Counsellors, Case Managers/Coordinators with at least 1 year of relevant work experience.

Course Fees

Fees Description	Total Payable (incl. GST)
Full course fees	\$2779.50
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$833.85
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$323.85

*SSG Funding Information

Participants must meet a minimum attendance of 75%, complete and submit all assignment(s), achieve a 'Competent' grade in assessment, and submit the feedback form in order to qualify for the funding. Failing which, full course fees (incl. GST) will be payable.

Supporting patients' treatment compliance and acceptance of their chronic health conditions





For enquiries, email to swkcpe@nus.edu.sg or call 6601 7323.

Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programme for audit and marketing purposes.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.