

# Intermediate Training in Gestalt Play Therapy

Course Reference Number: TGS-2020507506

# **SAVE THE DATE:** 10, 11, 12, 13 September 2024

9am to 5.30pm Venue: NUS



#### **About the Course**

Information is a source of learning. But unless it is organized, processed, and available to the right people in a format for decision making, it is a burden, not a benefit" – William Pollard. In clinical practice, there is a compelling need to organize information gleaned from the therapeutic process to organize for relevant insights and support for our clients.

This four-day Intermediate Training (28 hours) is the second core skills training in Gestalt Play Therapy. Designed for those who have completed the Basic Training in Gestalt Play Therapy, the workshop will build on theoretical, skill development and clinical practice from the Gestalt approach with emphasis on developing robust assessment, diagnosis and plans. Balancing didactic discussion, experiential practicum with feedback, and case presentations, participants will learn key concepts and skills that will enhance their therapeutic practice with their clients.

## At the end of the course, participants will be able to:

- 1. Understand the principles of Gestalt Therapy and how it is adapted for use in the Oaklander Model
- 2. Frame observations and formulations in the Gestalt framework
- 3. Develop a clinical formulation based on the Oaklander Model
- 4. Practice making assessments and treatment plans using case studies given

## **Pre-Requisite**

Attended a prior workshop on "Fundamentals of Gestalt Therapy with Children and Adolescents", and "Gestalt Play Therapy - The Oaklander Approach".

## Who Should Attend

Practitioners working with children and adolescents in the field of health and mental health (such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors), helping professions (such as social work, counselling) and related fields (such childcare/student care setting, physical therapy, art therapy, or other related fields).

# **More Information**

This workshop is accredited with West Coast Institute (<u>http://westcoastinstitute.us/</u>) and the training hours will be counted towards certification as a Certified Cestalt Therapist with Children and Adolescents with WCI.

# **About the Trainer**

As a certified Gestalt Therapist with Children and Adolescents (West Coast Institute, USA), **Sock Kuan** specializes working with children and their families on a myriad of traumas, developmental, mental health and attachment issues. She is also trained in Sandplay Therapy, Family Therapy and Emotional-Focused Therapy. She is currently training with Somatic Experiencing® International to incorporate somatic work into her clinical practice.

Sock Kuan also trains and supervises mental health practitioners. As an approved WCI trainer and supervisor, she mentors candidates in the Certification Programme. She is a registered Clinical Member and Supervisor with Singapore Association for Counselling and Association for Play Therapy (Singapore) and a Certified Practitioner in Therapeutic Play Skills with PTI (UK).



Ms Lee Sock Kuan Director, Tembusu Training and Therapy

#### **Course Fees**

Fee Description	Amount Payable (incl. GST)
Full course fees	\$4142.00
Pricing after SSG Funding <sup>*</sup> (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$1242.60
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$482.60

#### **\*SSG Funding Information**

Learners must achieve a 'Competent' grade in assessment, to be eligible for SSG funding. Please note that learners may have to bear the full course fee (incl. GST) if they fail to meet this requirement.

#### **CPE** Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.

#### **Terms and Conditions**

- 1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
- 2. There will be no makeup lesson if participants miss any class.
- 3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
- 4. Photographs and/or videos may be taken during our programmes for audit purposes.