

Short Course: 2 Days

Assisting Individuals in Crisis and Trauma-Informed Care Practices

Course Reference Number: TGS-2025059536



About the Course

Medical and community social workers are often called upon to manage the social and psychological reactions of clients and their caregivers especially in times of crisis and traumatic events. This course equips social workers and allied health professionals with knowledge and skills to support individuals undergoing crisis situations or traumatic events by applying an evidenced-based model to enable clients to stabilise and cope with their stressful situations.

This course additionally emphasises trauma-informed practices in social work practice. Social workers could forge therapeutic connections, build trusting working relationships and provide effective interventions to clients and their caregivers. A trauma-informed lens would highlight the importance of self-care of professionals who are exposed to the distressed experiences of individuals they work with.

*More information about the course and instructors' profiles can be found here:
<https://fass.nus.edu.sg/swk/continuing-professional-education/>

At the end of the course, learners will be able to:

Critical Incident Stress Management

- Describe key concepts relevant to the practice of crisis management
- Identify the common psychological and behavioural reactions in crisis situations
- Practise crisis communication techniques in accordance to the Crisis Intervention and Stress Management Model (CISM)

Trauma Informed care

- Define trauma-informed lens in social work practice
- Explain the five principles of Trauma-Informed Care in Social Work practice
- Apply a systems perspective in understanding the impact and experience of trauma on the individual, other social systems. E.g. families, organisations and communities
- Recognise the importance of self-care strategies in trauma-informed care

Who Should Attend

Participants should be social work or allied health professionals, with at least one year of professional practice.

Course Requirements

At least a Diploma in any discipline.





Course Fees

Fees Description	Total Payable (incl. GST)
Full course fees	\$1853.00
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$555.90
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$215.90

*SSG Funding Information

Learners must achieve a 'Competent' grade in assessment, to be eligible for SSG funding. Please note that learners may have to bear the full course fee (incl. GST) if they fail to meet this requirement..

For enquiries, email to swkcpe@nus.edu.sg

Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programme for audit and marketing purposes.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.