

Short Course: 1 Day

Black Dog Days : Depressive Disorders and Social Work Intervention (Classroom and Asynchronous e-Learning)

Course Reference Number: TGS-2025056150



Upskilling social workers in different stages of their careers and helping them stay relevant in the complex social landscape to better serve their clients.

About the Course

This course aims to inform participants with knowledge (aetiology, symptomology, evidenced based treatment, course of the illness, treatment challenges, etc.) of depressive disorders, with a focus on the more common disorders such as Major Depressive Disorder(MDD) and Persistent Depressive Disorder(PDD).

Special focus will be given to the relationship between depression, and presentations related to grief and bereavement, and suicidality. Social work intervention approaches to working with complex cases involving clients with depressive disorders will be discussed.

*More information about the course and instructors' profiles can be found here:
<https://fass.nus.edu.sg/swk/pc-in-mental-health-ssg/>

At the end of the course, participants will be able to:

- Attain an understanding of the aetiology, symptomology and evidence-based treatment approaches, and course of the illness for individuals with Major Depression and Persistent Depressive Disorders.
- Appreciate the effects of depressive disorders on clients and their families, and related social work intervention.
- Appreciate the relationship between depression and presentations related to grief and bereavement, and suicidal behaviour.
- Apply relevant psychometric tools in the screening of depression.
- Apply the Integrated Illness Causation Model and systemic framework in the assessment and management of complex cases with depressive disorders.

Who Should Attend

Social workers, case managers and community-based counsellors in the medical and social sectors who:

1. Have at least 3 years of experience working with clients with common mental health conditions;
2. Preferably, have attended basic mental health education at the undergraduate level, mental health first aid training, or the Foundational Module in Mental Health with the NUS Department of SWK, etc.

Course Fees

Fees Description	Total Payable (incl. GST)
Full course fees	\$1,035.50
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$560.50
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$370.50

***SSG Funding Information**

Learners must achieve a 'Competent' grade in assessment, to be eligible for SSG funding. Please note that learners may have to bear the full course fee (incl. GST) if they fail to meet this requirement.

All course fees stated are inclusive of GST

For enquiries, email to swkcpepc@nus.edu.sg



Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programme for audit and marketing purposes.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.