

Short Course: 1 Day

"Must be PD!" : Social Work Intervention with Persons with Borderline Personality Disorder (Classroom and Asynchronous e-Learning)

Course Reference Number: TGS-2025056152



Upskilling social workers in different stages of their careers and helping them stay relevant in the complex social landscape to better serve their clients.

About the Course

This course aims to inform participants with knowledge (aetiology, symptomology, evidenced-based treatment, treatment challenges) of personality disorders, focusing largely on borderline personality disorder. Special focus will be made on self harming and suicidal behaviours among persons with borderline personality disorder. Engagement approaches and challenges will be discussed.

*More information about the course and instructors' profiles can be found here:
<https://fass.nus.edu.sg/swk/pc-in-mental-health-ssg/>

At the end of the course, participants will be able to:

- Attain an understanding of the aetiology, symptomology course of illness and evidence-based treatment approaches, and course of illness for individuals with borderline personality disorder (BPD)
- Appreciate the effects of borderline personality disorder on afflicted individuals, their families, their helping and social systems.
- Develop an understanding and management of deliberate self harm and suicidal behaviours in persons with BPD.
- Apply a systemic approach in the management of cases individuals with BPD and complex psychosocial presentation.
- Apply self resiliency strategies in coping with challenging situations in mental health social work

Who Should Attend

Social workers, case managers and community-based counsellors in the medical and social sectors who:

1. Have at least 3 years of experience working with clients with common mental health conditions;
2. Preferably, have attended basic mental health education at the undergraduate level, mental health first aid training, or the Foundational Module in Mental Health with the NUS Department of SWK, etc.

Course Fees

Fees Description	Total Payable (incl. GST)
Full course fees	\$1035.50
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$560.50
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$370.50

***SSG Funding Information**

Learners must achieve a 'Competent' grade in assessment, to be eligible for SSG funding. Please note that learners may have to bear the full course fee (incl. GST) if they fail to meet this requirement.

All course fees stated are inclusive of GST

For enquiries, email to swkcpepc@nus.edu.sg



Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programme for audit and marketing purposes.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.