

Short Course: 2 Days

Gestalt Play Therapy - The Oaklander Approach

Course Reference Number: TGS-2025056401



Upskilling social workers in different stages of their careers and helping them stay relevant in the complex social landscape to better serve their clients.

About the Course

This workshop (basic, part 2) continues to build on theoretical understanding and clinical skills of Gestalt Play Therapy with special focus on the Oaklander Approach. The Approach is represented in the works of Violet Oaklander, Ph.D., author of *Windows to Our Children: A Gestalt Approach to Child and Adolescent Psychotherapy* (1989) and *Hidden Treasure: A Map to the Child's Inner Self* (2007). The workshop will examine closely factors that bring about change and growth for a child or adolescent through the therapeutic process of Gestalt Therapy.

Participants will learn a range of play modalities and media such as puppets, art and sand to provide them with a wide repertoire to meet the wide and complex needs of children and adolescents. Working in pairs or small groups, participants will have opportunities for group consultation and practice.

*More information about the course and instructors' profiles can be found here:
<https://fass.nus.edu.sg/swk/continuing-professional-education/>

At the end of the course, learners are expected to achieve the following objectives:

- Overview of the therapeutic process developed by Violet Oaklander.
- Understand Gestalt relational perspective on child development and the nature of the self
- Learn Gestalt play therapy process of working with projections through creative arts
- Learn how to build therapeutic relationship with children and adolescents and facilitate emotional expression and deeper self awareness.

At the end of the workshop, participants are expected to be able to do the following:

- Apply Oaklander's process for assessment and intervention with clients
- Developing intervention programs with different creative arts modalities such as art, clay, puppets
- Use the Gestalt play therapy approach to help clients develop deeper self awareness.

Who Should Attend

Practitioners working with children and adolescents in the field of health and mental health (such as psychiatry, psychology, psychiatric nursing, special needs, medical doctors), helping professions (such as social work, counselling) and related fields (such as childcare/student care setting, physical therapy, art therapy, or other related fields).

Pre-Requisite

Attended a prior workshop on Fundamentals of Gestalt Therapy with Children and Adolescents.

Course Requirements

At least a Degree in any discipline.





Course Fees

Fees Description	Total Payable (incl. GST)
Full course fees	\$1962.00
Pricing after SSG Funding* (Singapore Citizen below 40 years / Singapore Permanent Resident)	\$1062.00
Pricing after SSG Funding* (Singapore Citizen aged 40 years and above)	\$702.00

*SSG Funding Information

Learners must achieve a 'Competent' grade in assessment, to be eligible for SSG funding. Please note that learners may have to bear the full course fee (incl. GST) if they fail to meet this requirement..

For enquiries, email to swkcpe@nus.edu.sg

Terms and Conditions

1. Classes will be formed only when a minimum class size is being met. Organiser reserves the right to cancel or postpone any programme at short notice, or may change the modality of the class and at its absolute discretion without assigning any reason for such cancellations or postponements. Refund will be made if payment has been received.
2. There will be no makeup lesson if participants miss any class.
3. No withdrawal is allowed once the participant is being offered into the programme. Participants can either find a replacement to take his/her place or pay a penalty of 30% of the full course fees incl. GST.
4. Photographs and/or videos may be taken during our programme for audit and marketing purposes.

CPE Credits

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional's account.